PSYCHOLOGICAL ANALYSIS ON ARTHUR FLECK IN “JOKER” MOVIE

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ABSTRACT
This research investigates the psychological disorders of the main character reflected in the movie “Joker” who suffered by Arthur Fleck also the factors behind them. The data was taken from movies and scripts. Meanwhile, the procedures were done by data collection, reduction, display, and conclusion, to find what the types of psychological disorders of Arthur Fleck are. This research is categorized as descriptive qualitative research using document analysis. In conducting the research, Cherry (2019) Theory was employed to reveal the kinds of Arthur's psychological disorders. The theory of psychological factors relates to Bandura's (2009) Theory which describes how the connection between disorders and factors. The result of this research reveals three of sixth that were determined by Cherry (2019) such as schizophrenia, dissociative, and trauma. Through this research, Arthur Fleck is an ordinary human who has psychological disorders since he was a kid then, his psychological is getting worse because his medicines stopped, and the people around him attacked him verbally or non-verbally.

Keywords: Psychological Disorders, Types of Psychological Disorders, Factors of Psychological Disorder

INTRODUCTION
In 2019 there is a movie entitled Joker which is booming because of controversial about justifies violence and it is feared that similar events will occur when James Holmes shoots 12 dead and 50 injured in the 2012 film The Dark Rise. Because of that controversy, the writer attracted to make research about it. Therefore, on this occasion the researcher is going to analyse that movie.

Joker is an American movie was written and directed by Todd Philips in 2019. Arthur Fleck as a main character in this movie who played by Joaquin Phoenix. This research analysed about
movie which has a theme about psychological disorder which has by Arthur fleck. Arthur plays as a comedian who has mental illness that caused by many reasons. He was born in ordinary family who was raised by mother who has mental disorder too.

The lack of psychological information means that people give incorrect care to people who have mental disorders, such as covering up and getting locked up. Even people doing some bad treatment to people who were experience it either verbally and no verbally. Along with a lot of cases of bullying around the world, particularly in Indonesia, KPAI has even listed the number of victims of bullying in excess of 50 since 2011-2016 (Matta, 2016).

That’s why the researcher analyzed the psychological aspect of this movie. This Psychological analysis means the writer analyzed a personality of fiction character in joker’s movie by a psychological point of view and focused to psychological disorders. As we all know that this psychological issue is very crucial in our live and something that we should aware as a human being. Psychology is commonly recognized as the science that prevalent in the human environment because it studies about things that are linked to the behaviors and minds of an individual.

REVIEW OF LITERATURE

According to Safrudi (2018) movies are one type of visual communication which use moving pictures and sound to tell about something that happens to the persons in a various story. Movie essentially reinforces awareness that we live in a world where there are more things than everyday experiences in our limited environment. Movie lovers often experience imaginative sensation when watching movie. They seemed to see and feel the tension between characters and feel an emotional and imaginative sensation while watching this movie. It means the audiences get experience while watching a movie and it is able to build trust in the reality which is described on the movie (Aryanti, 2018). The writer tried to deliver their message on movies is by a visualization, that’s why the movie is also called communication. From the movie, we can know a message behind the movie that the writer tries to convey.

Cherry (2019) claim the term psychological disorder is sometimes used to refer to what is more commonly known as mental disorders or psychiatric disorders. Mental disorders are patterns of behavioral or psychological symptoms that affect multiple areas of life. Such
conditions cause distress to the person experiencing such symptoms. Based on Cherry (2019) several diseases include psychological disorder:

**Neurodevelopmental Disorders**

According to Cherry (2019), Neurodevelopmental disorders are those that are typically diagnosed during infancy, childhood, or adolescence. These psychological disorders include two kinds of Intellectual disability and Communication disorders.

**Bipolar Disorder**

Bipolar disorder is characterized by shifts in mood as well as changes in activity and energy levels. The disorder often involves experiencing shifts between elevated moods and periods of depression. Such elevated moods can be pronounced and are referred to either as mania or hypomania (Cherry, 2019). The symptoms of bipolar disorder are: Spoken in rapid depression, Uninterruptible racing thoughts, Hypersexuality and Insomnia.

**Anxiety Disorder**

Anxiety disorder based on Cherry (2019) is fear involves an emotional response to a threat, whether that threat is real or perceived. The symptoms of anxiety disorder by Cherry (2019) are: Excessive and persistent fear, Worry, Anxiety, and Related behavioral disturbances.

**Trauma Disorder**

Traumatic Disorder can develop after an individual has experienced exposure to actual or threatened death, serious injury, or sexual violence. Symptoms of PTSD include by (Cherry, 2019): Episodes of reliving or re-experiencing the event, Avoiding things that remind the individual about the event, Feeling on edge, and Having negative thoughts, Nightmares, Flashbacks, Bursts of frustration, Trouble focusing, excessive startle reaction, and Difficulties recalling details of the incident are only a few potential signs that people with PTSD can experience.

**Dissociative Disorder**

Dissociative is much more than simple forgetfulness. Those who experience this disorder may remember some details about events but may have no recall of other details around a circumscribed period of time.
Schizophrenia Disorder

Based on Cherry (2019) Schizophrenia typically starts in the late teens or early 20s, with men generally displaying symptoms earlier than women. Early symptoms of a disorder that may arise due to diagnosis include low confidence, tense relationships, and poor academic results. Diagnosis often includes severe loss in social or occupational activity over at least six months. The symptoms of schizophrenia were: Delusions, Beliefs that conflict with reality, Hallucinations, seeing or hearing things that aren't quite there, Disorganized speech, Words do not follow the rules of language and may be impossible to understand, Biology, Brain chemistry, Environmental factors, and Drug use.

The Summary of Joker Movie

Joker is an American movie was written and directed by Todd Philips in 2019. Joker is a stage name of Arthur Fleck as a main character in this movie who played by Joaquin Phoenix. Most of people interested to this movie and Joker becomes a famous movie in 2019 because produces 995 million US dollars (US) in total (Khafid, 2019).

Arthur is a comedian that works as a clown for survives his life with his mom. Arthur's lived as a people who have a psychological disorder since he was a kid then, adopted by his mother. Also, he has committed several crimes, such as murder, which have been exacerbated by several factors, such as anxiety and bullying, that some people have committed against him.

The bullying scene is seen when the movie started Arthur was got bullying by the kids while he works as a clown in the street. Then he consults on his psychiatrist about his problem. Even though Arthur is a person who has a psychological disorder he always consults and drinks his medicine also they have a few friends that support him as a fellow worker of the claws. So, after his friend knew about the incident, Randall who as an Arthur co-worker gave him a gun for his life safety. Firstly, Arthur just brought his gun for his safety but the mistakes happen when he found out and fired from his job.

He was frustrated because lost his job and gong home with subway. In the subway he met with three guys who offend him. He was mocked and then continuously beaten by three guys. Then, he felt threatened and accidentally killed by shot them all.

Because Arthur was got fired on his job. So, he tried to find a job as a stand-up comedian, then, he comes to the show to performing his jokes. But he failed because he always laughing.

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But, Murray Franklin as the host of its talk show known his performance and invited Arthur to his show, and Arthur performs on Murray’s show.

Every night and every day his mother always reminds Arthur to send her letter to Wayne’s house. Someday he curious and read her letter, he finds out that he was an illegitimate child of Thomas Wayne, then he quite mad at his mom, and his mom explains everything. He believed and went to Wayne’s house but he just met with Wayne’s son. Meanwhile, on the other day, he finally met with Tomas Wayne. But Tomas Wayne said that he absolutely not his son and reveals that Arthur’s mom has an unstably mental.

And then on the other day, he went to the Arkham Hospital to prove Wayne’s statement. He is not allowed to know more information because it is private. So, he just took his mother’s document and read it far from there. Then, he recalls the memories of the past with his mom, he got an abuse physically and his mother was also forced to be happy and smile. Therefore, he doesn't have the emotions he should have.

After that, he felt that he could not believe with other people anymore because his mom also lied to him. His mom was killed by Arthur then, his friends also were killed by Arthur. He felt that his crush was falling to him but actually not, and he felt all around people was support him because they wear a joker’s mask which is in fact isn't then he commits to other crimes without hesitation. Even Murray was killed on his show in front of the audiences in life and his psychiatrist was killed by him too, eventually. Besides Arthur as the main character, besides Arthur fleck as a joker there are, also the other character who helped the story run:
1. Murray Franklin as the host of the Murray’s talk show
2. Penny Fleck as Arthur’s mother
3. Thomas Wayne as the billionaire who is running for mayor of Gotham city
4. Sophie Dumond as Arthur’s love
5. Bruce Wayne as the Wayne’s son
6. Randal as Arthur’s co-worker
7. Gary as Arthur’s co-worker
8. Psychologist as Arthur’s Psychologist.
Albert Bandura’s Theory Psychology

There are lots of psychological theories, but here the researcher selects among others a common psychological model that a quite suitable for this research, which is a reciprocal determinism theory by Albert Bandura (2009). Throughout his theory, he said that the world and the person had an effect on each other. He believes that the person is affected by many kinds of aspects of the world, which are human, natural, and animal. But the important one and more impact on individual behavior is the person, as they play an important role as an atmosphere in the world, particularly for the changing of social life, and the other way in which individuals can also influence the behavior of the community, either physically or psychologically positive or negative.

METHOD

This research “Psychological Analysis on Arthur Fleck in The Joker Movie” uses the qualitative method. It aims at describing the psychological disorders and factors which influenced by Arthur fleck. According to Lawrence Leung (2015), qualitative research is to make sense of and recognize patterns among words to build up a meaningful picture without compromising its richness and dimensionality. The research method of Qualitative it requires reflection on the part of researchers, both before and during the research process, as a way of providing context and understanding for the readers (Sutton & Austin, 2015). Qualitative research are descriptive, in the form of interview notes, observation record, and documents; and data are analyzed inductively, the sources of data are real world situation, natural and non-manipulated settings (Mahojan, 2018).

Descriptive qualitative method was used in this research considering the fact that it was focused on the psychological disorders and factors behind them, which was portraited in the movie. In other words, since this research focuses on explaining psychological disorders conducted by Arthur fleck, means that this method is absolutely appropriate for this research. The descriptive itself means the data that used in this analysis are in the form of words, phrases, clauses, sentences or paragraphs and not numbers. With qualitative the researcher is tried to analyze the data based on description that the data could be comes from interview notes, observation record, and documents (Mahojan, 2018).
The instrument of this research which uses in this research is document analysis to analyze the data, document analysis it means using audiovisual that takes dialogues and visual picture from the movie to answer both of research question because the researcher wants to know how the psychological condition and the cause of Arthur Fleck. In Qualitative Document analysis, the meaning and implications of text are analyzed, rather than simply the presence of keywords (Ward & Wach, 2015, p. 6). Documentation based on Sugiyono (2015, p. 329) is a Method used to obtain data and information in the form of books, archives, documents, numbers, and images in the form of reports and information that can support research. The documentation used to collect the data will then be reviewed. Using a document analysis in this study is suitable because it always collects the data with a picture and dialogue.

The data were qualitatively analyzed based on the theory a list of psychological disorders proposed by Cherry (2019) and the theory by Bandura (2009) to analyze the factors aspects of psychological of the main character in Joker movie.

**Data Source**

The main data of this study is the movie itself. The movie title is “Joker” directed by Todd Phillips on play store. The film lasts 2 hours 01 minutes 49 seconds. The researcher also uses a transcript from the joker movie to analyze it from a website on google, The Internet Movie Script Database (https://www.imsdb.com/scripts/Joker.html).

**Data Collection**

The technique of data collection in this research the researcher has used document analysis, watching, and understanding the movie is aimed to get a description of the content of the movie. The writer using a document analysis for collecting the data to get understanding then delivers through a descriptive.

Firstly, started with collect the data that is based on the frame of the picture which is found in the movie’s scenes, then classification into a psychological condition of Arthur fleck also analyzes the dialogue through the script that point of psychological condition on Arthur character. Then, find the cause of the psychological disorder factors of Arthur fleck based on the story of the movie.
Data Analysis

The techniques of analyzing the data are based on Miles, Huberman & Saldana (2014) as follows:

Data collection

The researcher collecting the data based on the audio visual/pictures where find in the scenes which show the expression of Arthur fleck which belong his psychological disorder. Then the researcher also collects the data based on the dialogue that supporting the picture of Arthur fleck who show the psychological disorder by the script of movie.

Data reduction

First, the researcher classified the data (picture) of Arthur fleck into his kind of psychological disorders and explained why he psychological disorder enter into that category. Second, besides the researcher classified the picture, the researcher also classified the data (dialogue) into an Arthur fleck kind of psychological disorders that indicate in the script include the explanations. Then, for answer the second question the researcher found the factor of Arthur’s psychological disorder then related with theory of Bandura (2009) is there any connection Arthur’s psychological disorder with his social environment.

Data display

The purpose of displaying the data is to make the researcher easier to present the data. The data is structured and presented in such a way that it is easier to the thigh.

After all of the data was collected in this step the writer presents the data into the display which categorized on each dialogue and pictures that include the psychological disorder by Arthur into a table, first table for the analysis of each symptoms of psychological disorders also audiovisual/picture and analysis of the dialogues, make the researcher easier to present the data in chapter four then, the researcher can describe the data clearly on chapter four.

Data conclusion

The conclusion was delivered by the description that after the data that kind of Arthur fleck psychological disorder was classifying, then the researcher looked into a list of psychological theory by Cherry (2019) and equated psychological disorders that exist in Arthur with the types of psychological disorders. Then conclusion of the answer in second question is the results of a comparison between Bandura (2009) with the cause of Arthur's psychology.
FINDINGS AND DISCUSSION

From six of psychological disorder who described by Cherry (2019) there are just three which Arthur has schizophrenia/delusional, trauma and dissociative disorder.

Psychological Disorder

As the researcher mention before there is some kind of psychological disorder which has by Arthur there are:

Schizophrenia

Cherry (2019) claimed the symptoms of schizophrenia was Delusions, beliefs that conflict with reality. Hallucinations, seeing or hearing things that aren't really there. Disorganized speech, words do not follow the rules of language and may be impossible to understand. Diagnosis often includes severe loss in social or occupational activity over a period of at least six months. Schizophrenia typically starts in the late teens or early 20s, with men generally displaying symptoms earlier than women. Early symptoms of a disorder that may arise due to diagnosis include low confidence, tense relationships, and poor academic results.

Schizophrenia could be happened by some factors, such as schizophrenia, including genetic, brain chemistry, environmental factors, and drug use.

That kind of disorder shows on the many of scenes, nine scenes and one dialogue which show schizophrenia disorder by Arthur fleck. The examples these are:

This scene shows his delusion condition at 27:08 when shopie went to his house talk to him and smile to him, Arthur invited her to his show and she said yes. This belong to delusion because Shopie was actually do not even know who the Arthur is. As according to Cherry (2019) claimed the symptoms of schizophrenia was Delusions, beliefs that conflict with reality. Hallucinations, seeing or hearing things that aren't really there. It could be seen on scenes
1:18:30 when Arthur comes to Shopie’s house after finding the truth on Arkham hospital. The scenes were show that Shopie actually just know his name they are did not close to each other.

Shopie: [gasps] oh my god! What are you doing here? [Thunder rumbling] you’re in the wrong apartment. Your name’s Arthur, right? You live dawn the hall. I really need you to leave. My little girl is sleeping in the other room.

This dialogue was proved that Shopie did not know him well like the other scenes was show they are closeness. So, this scene was belonging to schizophrenia because at that event Arthur just hallucination about his expectation where did not true happen.

At 45:20 scenes after his performance on the stage he walks around the city with Sophie kinda date night but the truth was he just walking around by himself self it could be seen on his eyes; he hopes Sophie was really beside him.

This scene belongs to his schizophrenia was because it could be seen at 1:18:39 proved that Sophie did not accompany him when walking on the street that just on his delusion.

Also by Cherry’s explanation (2019) that early symptoms of a disorder that may arise due to diagnosis include low confidence, tense relationships, and poor academic results. This scene shows his delusion was because he was low of confidence after the performance on the stage also his relationship with his psychiatrist getting worse after his treatment was stopped then he has not peopled to talk to. So, it caused the schizophrenia disease to appear because he needed to recognize by people and he needs people who support his decision beside his mother.

**Trauma disorder**

As Cherry (2019) claimed that Traumatic Disorder can develop after an individual has experienced exposure to actual or threatened death, serious injury, or sexual violence. Symptoms of PTSD include episodes of reliving or re-experiencing the event, avoiding things that remind the individual about the event, feeling on edge, and having negative thoughts. Nightmares,
flashbacks, bursts of frustration, trouble focusing, excessive startle reaction, and difficulties recalling details of the incident are only a few potential signs that people with PTSD can experience. Such on some dialogue Arthur was said many sentences that described his trauma condition. There are:

Arthur: “I just don’t want to feel bad anymore.”

This sentence was said by Arthur at 07.30. It refers to trauma disorder because before he had some bad condition then resulting in him having a trauma to his life. Such as, he has locked up on the hospital about his mental illness, he has bad treated by people because his condition also abused by his mother’s boyfriend when he was a little.

Psychiatrist: “Penny, your son was found tied to a radiator in your fifty apartments. Malnourished with multiple bruises across his body and severe trauma to his head”

It can be seen on scene 1:15:02 shows that his mother’s psychiatric explain about his mother psychology and the cause of Arthur’s psychology which affect until his grew up it is said by the psychiatrist who handle his mother case. This show about his trauma because appropriate with Cherry’s said Arthur show about serious injury condition that made him had a nightmares and frustration.

**Dissociative disorder**

According to Cherry (2019) Dissociative is much more than simple forgetfulness. Those who experience this disorder may remember some details about events but may have no recall of other details around a circumscribed period of time. Arthur also has this kind of disorder which shows on two scenes which one of them was his dialogue. There are:

Arthur has dissociative disorder because of his trauma in the past so, made him trigger on his head which made him loss memories when he was a kid. His psychological disorder begins from his mother when he was a kid. Such as in this scene at 1:13:53 shows how Arthur’s expression when his memories came back after read his mother medical recap in Arkam hospital.
His mother also has a psychological disorder such as schizophrenia and narcissistic personality disorder it is proven in the scene where she was on the psychiatric hospital a long time ago. His mother’s boyfriend done some physical abused when he was a kid. He was traumatized and made him to have a dissociative disorder until he grew up who makes him forget about his kid’s memory then Arthur become disappointed when find out the truth then, killed his mother eventually. So, those are the reason of Arthur being loss his memory by some trauma that happened to him since he was a little.

Arthur: “I wasn’t adopted.”

Besides that, Arthur also said the sentence which connected with the scene above that show he has dissociative disorder. This dialogue said on the scene 1:06:06. Here Arthur said to Thomas Wayne who he thinks his own father. Thomas Wayne explained that he was not his father and it’s impossible because Arthur was adopted by his mother. He got dissociative because he temporary loss of memory that caused by his mother who abused him when he was a kid then affected trauma to Arthur’s head.

Dissociative disorder involves a temporary loss of memory as a result of dissociation. In many cases, this memory loss, which may last for just a brief period or for many years, is a result of some type of psychological trauma (Cherry, 2019). Those theory relate with Arthur condition where he has fantasy that Wayne was his father, based on his trauma then blocked some of his memory which become depression when people talk about his true life which he didn’t remember.

Psychological Factors

There are also some factors that found in this movie: a) One of the factors is by his mother, like the researcher explains above his mother was done abused to him when he was a kid then caused his psychological disorder. His mother was also always said that Arthur was the Thomas Wayne’s son. She kind a doing brain wash since he was child by her delusion to her son. b) The other factors of Arthur psychology disorder was he wanted to be a famous comedian and some people who do bad things to him like bad treated to him either directly or not. So, he feels unfair and does various methods so, that people see him by doing bad things such as killing people. It could be seen on the first scene of this film can be seen Arthur was bullied by a group of children who pass by. Besides that, even Arthur was betrayed by his coworker Randal. c) The last, the
cause of his psychological disorder was because about lost the only one his job. He was worked as a clown performance and losing it made him depression and his psychology become worse then killed people. Then, his psychological disorder got worse because he stops his medication and not taking the drugs again. Also, his treatment was stoped because the aid to the underprivileged from the government was stopped so he could not get treatment and medicines to reduce his symptoms.

From all of the reasons that made his psychological disorder relate with Bandura (2009) theory that the person is affected by many kinds of aspects of the world, which are human, natural and animal. But the important one and more impact on individual behavior is the person, as they play an important role as an atmosphere in the world, particularly for the changing of social life, and the other way in which individuals can also influence the behavior of the community, either physically or psychologically positive or negative. Thus, from the data was get by the researcher this finding is appropriate with Bandura (2009) theory.

CONCLUSION

Arthur fleck is an ordinary human who has a psychological disorder since he was a kid and raises by a mother who also has some psychological disorder. He is the kind of person who needs recognition from people but is finally known by many people because of his crime. His psychological disorder was found in some scenes at the movie such as Schizophrenia Disorder there are 9 scenes and 5 dialogues, Trauma Disorder found in 5 dialogues, and Dissociative Disorder found in 1 scene and 4 dialogues. So, it can be concluded Arthur fleck has a mental illness.

The reasons of his psychological were because he lived and raised by a mother who has a psychological disorder and always said that he is the son of Thomas Wayne but when he finds out the truth that he wasn’t Wayne's son because his dissociative disorder he felt angry that his mom lied to him and killed her. Because he was got badly treated by his environment. People sometimes attack it verbally and no verbally. Then he wants people to recognition because he wanted to be a famous comedian, thus when he killed people, he starts known he feels that he finding the way how he would be known by people.
The other reasons can be found when Arthur killed his friend who as a co-worker a clown because he felt betrayed so that he lost his only job during his difficult time because aid to the underprivileged was stopped, which in the end he also stopped his medication and medicines. He also lost his father figure of Murray because he thought Murray made a fool of him by playing his video then he killed him eventually.

Because of his problems and bad events that happen to him, he became a Joker who contrastingly different from Arthur. It can be concluded that they must be vigilant to respond to people with mental illnesses. The lack of information about psychological means that people offer incorrect care to those who have mental disorders, such as covering up, getting locked up, and others. This psychological condition can occur even to children who are unhappy because of the demands of their parents. Therefore, we need to be well conscious and understand.

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